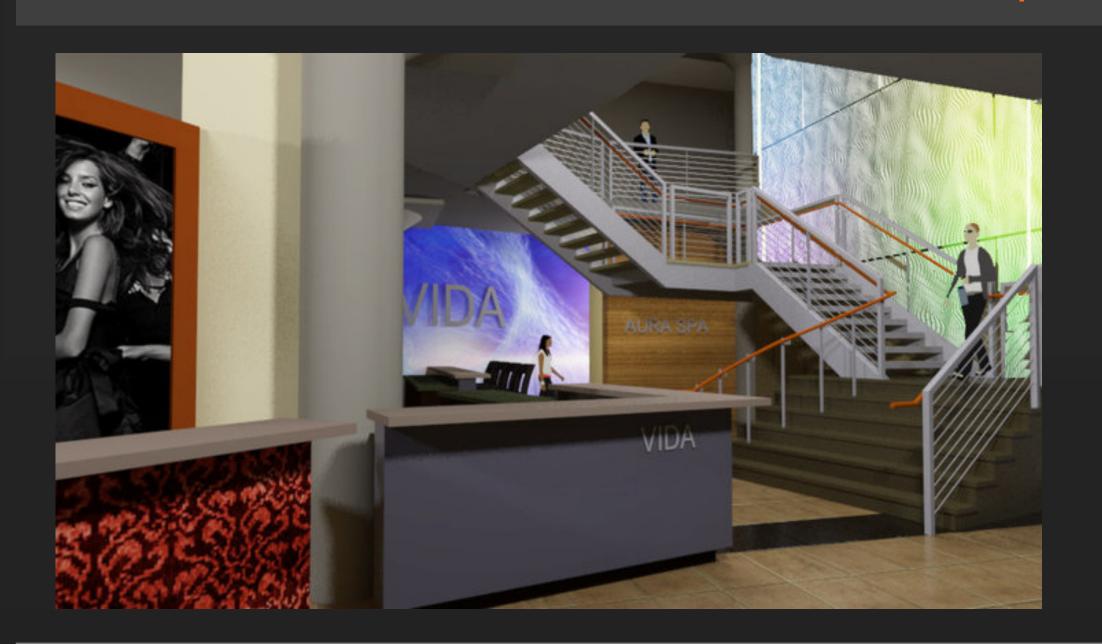
# 1612 U Street | VIDA Fitness Center | Washington D.C.

Clara Watson | Construction Option | Advisor: Dr. Robert Leicht | http://www.engr.psu.edu/ae/thesis/portfolios/2012/CKW5012/index.html



# **Analysis 1: ReRev Energy Harvesting** System

Captures kinetic energy produced in the form of DC power generated from cardio equipment use and converts it to AC power to be fed back into the grid



#### The Total ReRev System Cost Provided is \$148,000

PEPCO C&I Energy Savings Program: Total \$14,311.10

Brainstorming Renewable Energy Opportunities: \$1,000.00 Renewable Energy Simulation Analysis for first 50,000 SF: \$5,000.00 \$0.03 is available for each additional SF: \$311.10

Incorporating Designed Measures During Construction: \$8,000.00 D.C. Renewable Energy Incentive Program: Total \$16,500/Yr

\$1.50 Provided for first 3,000 Watts Produced: \$4,500.00 \$1.00 Provided for next 7,000 Watts Produced: \$7,000.00

\$0.50 Provided for next 10,000 Watts Produced: \$5,000.00



Rise in Energy Costs Per Year: 5% Estimated Monthly Air Conditioning Savings: 30% Months of Air Conditioning Savings: 11.43 **Watts Generated Per Year: 70,175,160** 

	ReRev System Annual Savings Calculations With Incentives														
Year	Annual KW Savings		Annual A/C Savings			Potential Pepco Incentive		tential REIP ncentive	Total Savings		Po	tential Profit			
1	\$	9,080.67	\$	2,594.80	\$	14,311.10	\$	16,500.00	\$	42,486.57	\$	(105,513.43)			
2	\$	9,534.70	\$	2,724.54	\$	-	\$	16,500.00	\$	71,245.81	\$	(76,754.19)			
3	\$	10,011.43	\$	2,860.77	\$	-	\$	16,500.00	\$	100,618.01	\$	(47,381.99)			
4	\$	10,512.01	\$	3,003.81	\$	-	\$	16,500.00	\$	130,633.82	\$	(17,366.18)			
5	\$	11.037.61	\$	3,154.00	\$	-	\$	16.500.00	\$	161,325.42	\$	13.325.42			

 $(Annual\ kW\ Savings) + (Annual\ AC\ Savings) = Total\ Annual\ Cost\ Savings$ 

**Twenty Year Potential Profit of \$582,371.52** 

Kilograms of CO<sub>2</sub> Saved: 41,648 kg Annually

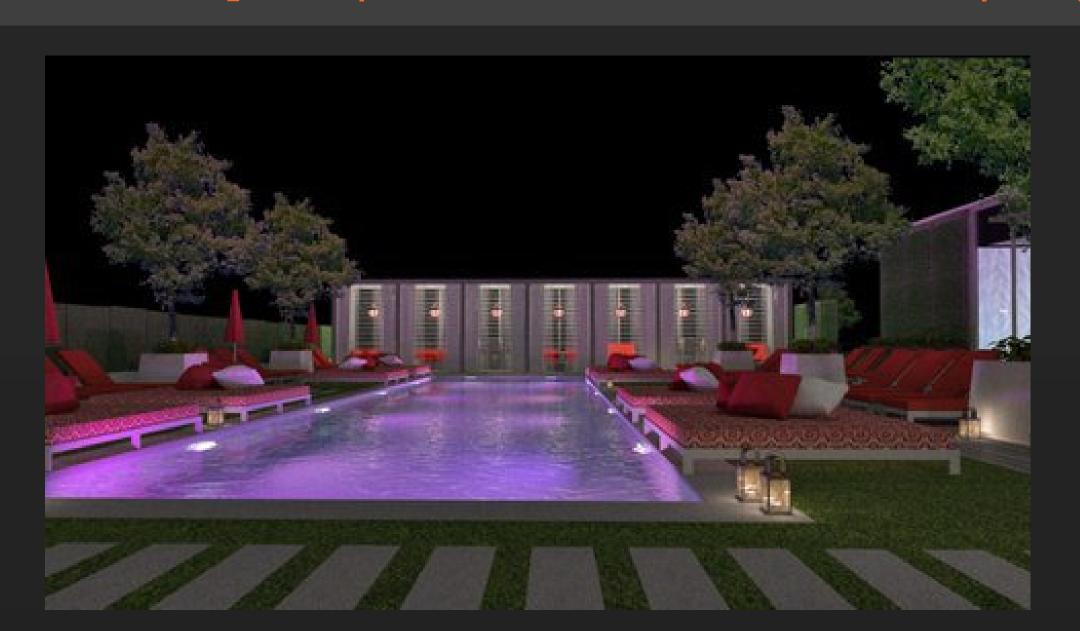
**US EPA Study on Energy Generating Equipment:** 

Increased amount of participants engaging in positive environmental behavior

LEED Gold Rating: 3 Additional Points for Renewable Energy

Instead of an immeasurable quantity people find difficult to relate to, ReRev allows for energy to become a





# **Analysis 2: Overtime Effects on** Productivity

Productivity levels decrease with: Increases in the number of work hours and work days per week

**Make Up Lost Time** oesn't Fall Behir

Productivity loss: Due mainly to the increase of disruptions the inability to acquire aterials, tools, or other resources at an enhanced rate

	Electrical Subcontractor Lost Wages (6-12s)														
Week	Regular Hrs/ Wk	OT Hrs/ Wk	Produc- tivity	Effective Regular Hrs	Effective OT Hrs	Regular Hrs Lost	OT Hrs Lost	Avg Laborer \$/Hr	OT Laborer \$/Hr	Lost \$ Per Laborer	Avg Labor /Wk	Total Lost Wages			
1	40	32	0.80	32.0	25.6	8.0	6.4	\$ 48.25	\$ 72.38	\$ 849.20	6	\$ 5,095.20			
2	40	32	0.75	30.0	24.0	10.0	8.0	\$ 48.25	\$ 72.38	\$ 1,061.50	9	\$ 9,553.50			
3	40	32	0.71	28.4	22.7	11.6	9.3	\$ 48.25	\$ 72.38	\$ 1,231.34	9	\$ 11,082.06			
4	40	32	0.65	26.0	20.8	14.0	11.2	\$ 48.25	\$ 72.38	\$ 1,486.10	11	\$ 16,347.10			
5	40	32	0.61	24.4	19.5	15.6	12.5	\$ 48.25	\$ 72.38	\$ 1,655.94	11	\$ 18,215.34			
6	40	32	0.57	22.8	18.2	17.2	13.8	\$ 48.25	\$ 72.38	\$ 1,825.78	9	\$ 16,432.02			
7	40	32	0.54	21.6	17.3	18.4	14.7	\$ 48.25	\$ 72.38	\$ 1,953.16	8	\$ 15,625.28			
8	40	32	0.50	20.0	16.0	20.0	16.0	\$ 48.25	\$ 72.38	\$ 2,123.00	9	\$ 19,107.00			
9	40	32	0.48	19.2	15.4	20.8	16.6	\$ 48.25	\$ 72.38	\$ 2,207.92	10	\$ 22,079.20			
10	40	32	0.46	18.4	14.7	21.6	17.3	\$ 48.25	\$ 72.38	\$ 2,292.84	10	\$ 22,928.40			
11	40	32	0.45	18.0	14.4	22.0	17.6	\$ 48.25	\$ 72.38	\$ 2,335.30	9	\$ 21,017.70			
12	40	32	0.44	17.6	14.1	22.4	17.9	\$ 48.25	\$ 72.38	\$ 2,377.76	12	\$ 28,533.12			
13	40	32	0.43	17.2	13.8	22.8	18.2	\$ 48.25	\$ 72.38	\$ 2,420.22	12	\$ 29,042.64			
14	40	32	0.42	16.8	13.4	23.2	18.6	\$ 48.25	\$ 72.38	\$ 2,462.68	15	\$ 36,940.20			
15	40	32	0.41	16.4	13.1	23.6	18.9	\$ 48.25	\$ 72.38	\$ 2,505.14	12	\$ 30,061.68			
16	40	32	0.41	16.4	13.1	23.6	18.9	\$ 48.25	\$ 72.38	\$ 2,505.14	11	\$ 27,556.54			
Total				345.2	276.2	294.8	235.8			\$ 31,293.02		\$ 329,616.98			

#### The Total Lost Wages for the Six Main Subs is \$1,539,481

The 4-8s & 1-9 Schedule Saved \$1,346,619 in Labor Costs

	Work Schedule Productivity Per Week											OT Schedule Comparisons									
100%										Π	Τ			$\top$	$\top$	$\top$	1		Alt. Sche	dule	Effective Hrs
90% -																	Rolling	4-10s _	4-10	s	605.2
2010																	—5-8s	1 100	4-9s &	1-8	627.9
80%										_	$\vdash$			-			-4-9s & 1	. <del>-</del> 8	5-89		570
700/																	—5-10s		5-10	s	643.5
70%																	—6-9s		6-9:	5	662.6
60%	_		<u> </u>											+	-		6-10s		6-10	s	690
														$\dot{\top}$	$\dot{\top}$	+	-7-8s		7-8		597.5
50%				$\vdash$									Carrier and		+	$\pm$			5-12	s	599.4
40%														_			7-9s 7-10s		7-9:	3	605.4
1070																	—6-12s		7-10	S	651.7
30%			<u> </u>			<u> </u>	<u> </u>			<u> </u>					4				6-12	S	621.4
	1	2	3	4	5	6	7	8		10	11	12	13	3 14	1 1	15 16			7-12	S	672
								WE	ek												

#### [ Project Overview ]

over the existin

6-12s Sched

**Building Location: 1612 U Street NW, Washington DC** 

**Building Size: 60,370 SF** 

Number of Stories: 4 Stories + Penthouse/Accessible Roof Occupancy / Function Type: Fitness Gym, Salon, Spa, Restaurant

**Project Cost: \$14 Million** 

**Project Delivery Method: Design – Bid – Build with Design Assist**#

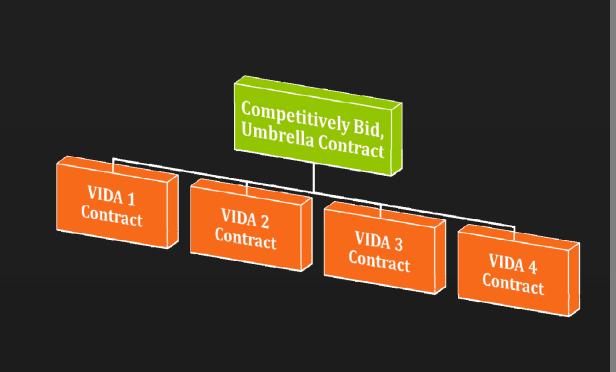


# **Analysis 3: Implementation of Job** Order Contracting

Allows Owner to achieve many smaller contracts under the umbrella of a larger, Existing Layout: Supply & Exhaust lines located outside; several areas not competitively bid contract

Succeeding construction projects won on previous performance





	Forrester Construction Cost Savings from Employing JOC														
VIDA Name	Square Footage	Cost/SF	Total Cost	Min Savings (9%)	Max Savings (21%)	Avg Savings (15%)	The GC total								
J Street	80,000	\$ 199.91	\$ 15,992,800.00	\$ 1,439,352.00	\$ 3,358,488.00	\$ 2,398,920.00	savings for all								
Metropole	65,000	\$ 199.91	\$ 12,994,150.00	\$ 1,169,473.50	\$ 2,728,771.50	\$ 1,949,122.50	four VIDA's is								
erizon Center	60,000	\$ 199.91	\$ 11,994,600.00	\$ 1,079,514.00	\$ 2,518,866.00	\$ 1,799,190.00	d <b>=</b> 406 000								
Renaissance Hotel	32,000	\$ 199.91	\$ 6,397,120.00	\$ 575,740.80	\$ 1,343,395.20	\$ 959,568.00	<b>\$7,106,800</b>								
TOTAL			\$ 47,378,670.00	\$ 4,264,080.30	\$ 9,949,520.70	\$ 7,106,800.50									

mi i	Steel Subcontractor Cost Savings from Employing JOC														
The total	MIDA Nama	Square	Steel	Total Cost	Min Savings	Max Savings	Avg Savings (11.5%)								
subcontractor	VIDA Name	Footage	Cost/SF	Total Cost	(8%)	(15%)									
	U Street	80,000	\$ 13.07	\$ 1,045,600.00	\$ 83,648.00	\$ 156,840.00	\$ 120,244.00								
savings for all	Metropole	65,000	\$ 13.07	\$ 849,550.00	\$ 67,964.00	\$ 127,432.50	\$ 97,698.25								
four VIDA's is	Verizon Center	60,000	\$ 13.07	\$ 784,200.00	\$ 62,736.00	<b>\$ 117,630.00</b>	\$ 90,183.00								
¢257 222	Renaissance Hotel	32,000	\$ 13.07	\$ 418,240.00	\$ 33,459.20	\$ 62,736.00	\$ 48,097.60								
\$356,222	TOTAL			\$ 3,097,590.00	\$ 247,807.20	\$ 464,638.50	\$ 356,222.85								

The Steel Precon Schedule Could be Reduced by 68 days

# **Analysis 4: Mechanical System Layout**

Layout 1: Move Supply & Exhaust lines to SW corner

Remove Y Duct in GM Office on 3rd Floor Add 3 additional branch lines on 2<sup>nd</sup> Floor Add 2 additional branch lines on 3<sup>rd</sup> Floor

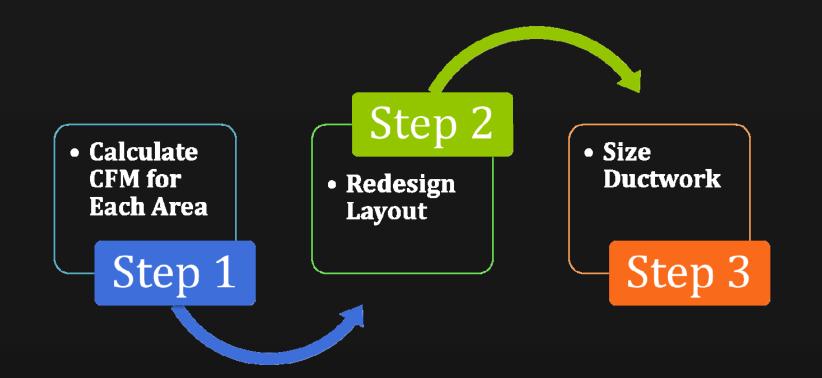
**Layout 2: Move Supply & Exhaust lines to elevator** Reroute Supply through GM Office on 3rd Floor Remove Y Duct in GM Office on 3rd Floor Add 3 additional branch lines on 2<sup>nd</sup> Floor Add 2 additional branch lines on 3rd Floor

Each layout was evaluated on 4 design variables with a 0-5 scale

Very Poor		Poor	Poor			Neutral		Good		Exceller	
0	0.5	1	1.5	2	2.5	3	3.5 4		4.5	5	
			Ductwo	ork Layout	Metrics	Measurin	g Chart				
Lay	Layout		Aesthetics		S	Schedule		uctability	Total		
Existing	Existing		0.5			5		2		12.5	
Layout 1		3.5		1.5		1.5		4		.5	
Layout 2		4.5		4.5		4.5		4		<b>7.5</b>	
Layout 2		4.5		4.5		4.5		4		<b>.</b> .5	

**Layout 2** was Chosen as the Best Option

All outside air and occupancy requirements were calculated using ASHRAE







### [ Project Participants]

**Owner:** David von Storch

**Architect:** Core Architects; Stoneking von Storch

MEP Engineer: Allen and Shariff Engineers

**Structural Engineer: Rathgeber-Goss Associates** 

**Interior Designer: Wade Allyn Hallock Interiors** 

**General Contractor: Forrester Construction Company**